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| **Form for the individual consultation on the  fourth structural element** |

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| Full name of pupil: | |  | | |
| School name: |  | | Year group: |  |

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| Questions and topics | Answers and comments |
| **Questions on the Check-U skills assessment**   * Could you complete all the Check-U tests? (Skills, social skills, interests and/or professional preferences) * Which did you not complete and why? * What stands out to you in the test results? * Did you learn anything new about yourself through Check-U? * Which careers were recommended to you? Are there any other careers you would be interested in? |  |
| **Knowledge**   * Which of the suggested careers are you familiar with? Which are you not familiar with? * Which careers would you like to find out more about? * Which of the careers could you imagine working in and why? * Are there aspects of the suggested careers that you would not be happy with? * Are there aspects of the suggested careers that seem overly challenging to you? * Which school subjects are most important for these careers? * Which school subjects would you need to try harder in to be able to train for these careers? |  |

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| **Networks/peers**   * What do your parents and friends think about these job profiles? * What would their reaction be if you told them you were going to pursue one of these careers? |  |
| **Next steps**   * How confident do you feel about your career aspirations? * Do you have any questions about the careers mentioned? * Which steps will take you closer to your chosen career/training path? (E.g. conducting your own research, asking for career advice) * Do you know of any additional career guidance opportunities at your school or outside of school? If yes, please provide details. Which of these opportunities would you be interested in? * Do you already know where you would like to complete your next internship? |  |