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| **Form for the individual consultation on the fourth structural element** |

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| Full name of pupil: |  |
| School name: |  | Year group: |  |

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| Questions and topics | Answers and comments |
| **Questions on the Check-U skills assessment** * Could you complete all the Check-U tests? (Skills, social skills, interests and/or professional preferences)
* Which did you not complete and why?
* What stands out to you in the test results?
* Did you learn anything new about yourself through Check-U?
* Which careers were recommended to you? Are there any other careers you would be interested in?
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| **Knowledge*** Which of the suggested careers are you familiar with? Which are you not familiar with?
* Which careers would you like to find out more about?
* Which of the careers could you imagine working in and why?
* Are there aspects of the suggested careers that you would not be happy with?
* Are there aspects of the suggested careers that seem overly challenging to you?
* Which school subjects are most important for these careers?
* Which school subjects would you need to try harder in to be able to train for these careers?
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| **Networks/peers*** What do your parents and friends think about these job profiles?
* What would their reaction be if you told them you were going to pursue one of these careers?
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| **Next steps*** How confident do you feel about your career aspirations?
* Do you have any questions about the careers mentioned?
* Which steps will take you closer to your chosen career/training path? (E.g. conducting your own research, asking for career advice)
* Do you know of any additional career guidance opportunities at your school or outside of school? If yes, please provide details. Which of these opportunities would you be interested in?
* Do you already know where you would like to complete your next internship?
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